

December



Happy Holidays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 Massage	2 Acupuncture	3 Kinesiology	4 Admin Building Closing at Noon for christmas staff party	5	6 Cultural Activities
7 Cultural activities	8	9 Acupuncture	10 Kinesiology	11 Osteopath	12 Reiki	13 Community Christmas Dinner
14 Movie day/night Marathon	15 Footcare	16 Acupuncture BINGO	17 Kinesiology	18 Osteopath	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
<div>Closed for the Holidays</div>						
4	5 Office Re opens	Notes For further details on events please refer to memo booklet. The Administration building will be closed from December 22, 2024 - December 4th, 2025. For Christmas Eve Dinner & Crib Tournament info see memo.				



Yagít Pa'knaqtí'it

Calling All Youth

WANT TO SPREAD SOME
HOLIDAY CHEER?

JOIN US TO HELP WITH
CHRISTMAS FESTIVITIES

🌿 WRAPPING GIFTS
🌿 DECORATING
🌿 BAKING TREATS

AN HONORARIUM WILL BE
OFFERED FOR YOUR TIME AND
EFFORT

PLEASE CONTACT JASMINE FOR ARRANGEMENTS
(E): JASMINE.DYCK@TOBACCOPLAINS.ORG
(C): 250-423-1801





Community Christmas *Dinner*

DECEMBER 13, 2025

Yaqit ʔa·knuqʔit' warmly invites all members and their families to join us for our Annual Community Christmas Dinner! We respectfully request that off-reserve members RSVP by December 9th to ensure appropriate arrangements are made for your visit

LOCATION: YQT ADMINISTRATIVE GYM

DINNER STARTS AT 6:00PM

FOR ANY QUESTIONS OR CONCERNS PLEASE CONTACT

JASMINE

(EMAIL): JASMINE.DYCK@TOBACCOPLAINS.ORG

(C):250-423-1801



Yaqit ʔa·knuqʔit'



Yaqit ʔa·knuqti'it

Yaqit ʔa·knuqti'it
CHRISTMAS TREE
Decorating
CONTEST

December 1st - December 17th

Show off your
holiday spirit!

Decorate your
beautiful tree and
share a photo with
us for a chance to
win a great prize

The winner will be picked December 17th

Submit your lovely tree photo to Jasmine
(email): jasmine.dyck@tobaccoplains.org
(cell): 250-423-1801



Yaq'it ʔa·knuqʔi 'it

Cultural Activities Weekend

December 6th & 7th

YQT Gym

9:30am Start time Both days

Saturday - Lunch & Dinner

Sunday - Lunch

**Bead a lanyard,
Bead a christmas ball,
Wing Dresses or
Finish Up an older
Project!**

To register or for more info contact
Beckie 250-919-0838

A collage of Star Wars characters: Darth Vader, Luke Skywalker, Ewan McGregor, Anakin Skywalker, and Natalie Portman.

Movie Day/Night Marathon

YQT GYM BIG SCREEN
December 14th 11:00
AM

OR STARWARS

A collage of Lord of the Rings elements: a map of Middle-earth, the One Ring, and characters Aragorn, Eowyn, and Gandalf.

LORD OF THE RINGS



Yaqit Pa'knuqti'it

CHRISTMAS

Bingo Night

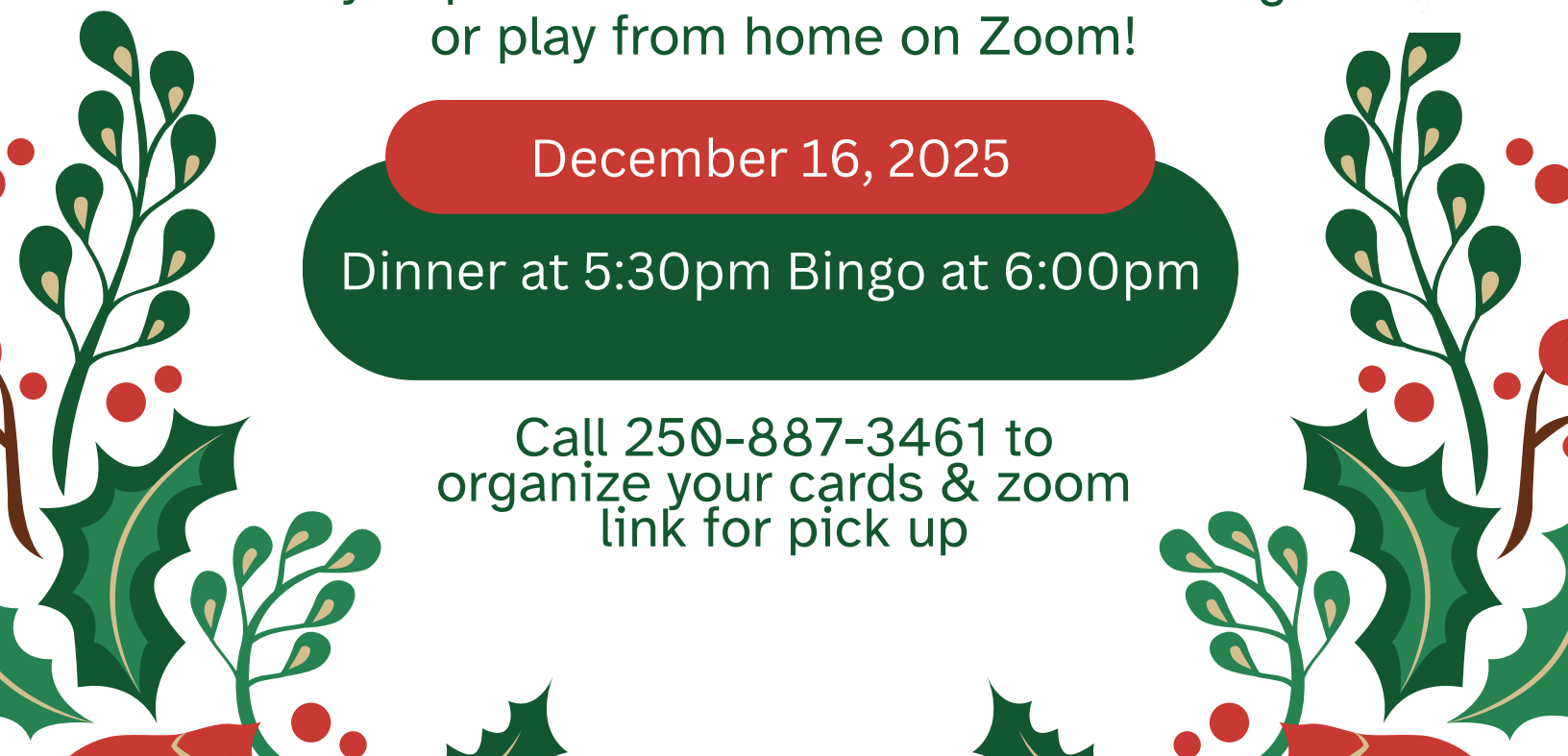
WIN
PRIZES

Play in person at the YQT admin building
or play from home on Zoom!

December 16, 2025

Dinner at 5:30pm Bingo at 6:00pm

Call 250-887-3461 to
organize your cards & zoom
link for pick up





Community Garden Meeting

Idea Sharing/Community
Direction & Platform
Grant Updates

9:30 to 11:30

December 17th





Come Let's Taco



Join us:

Scheduled for Thursday December 18th for
the next Men's Taco night & Stick Games!

Ready for 5:30 p.m.!



Funday Frybread

Fryday!

YQT Admin Building

Friday, Dec. 19th/25

**Staff & Community
welcome!**

Indian Taco's 12pm

**Crib tourney to follow
with prizing!**

All skill levels welcome!

**Contact Beckie for more info: 250-919-0838 or
beckie.cayenne@tobaccoplains.org**





December 22, 2025 - January 2, 2026

OFFICE CLOSURE

The administration building will be closed from December 22nd to January 2nd, for the holidays. We will be back in office Monday, January 5, 2026.

WE WISH EVERYONE A SAFE & HAPPY HOLIDAY SEASON



YQT Christmas Eve Dinner &



Crib Tournament

Dec. 24th

Crib - 2 pm

Dinner - 5 pm

Prizes & snacks

**play while you
wait for turkey dinner!**

**meals available for pick up for Elders or
those not attending Xmas dinner elsewhere**



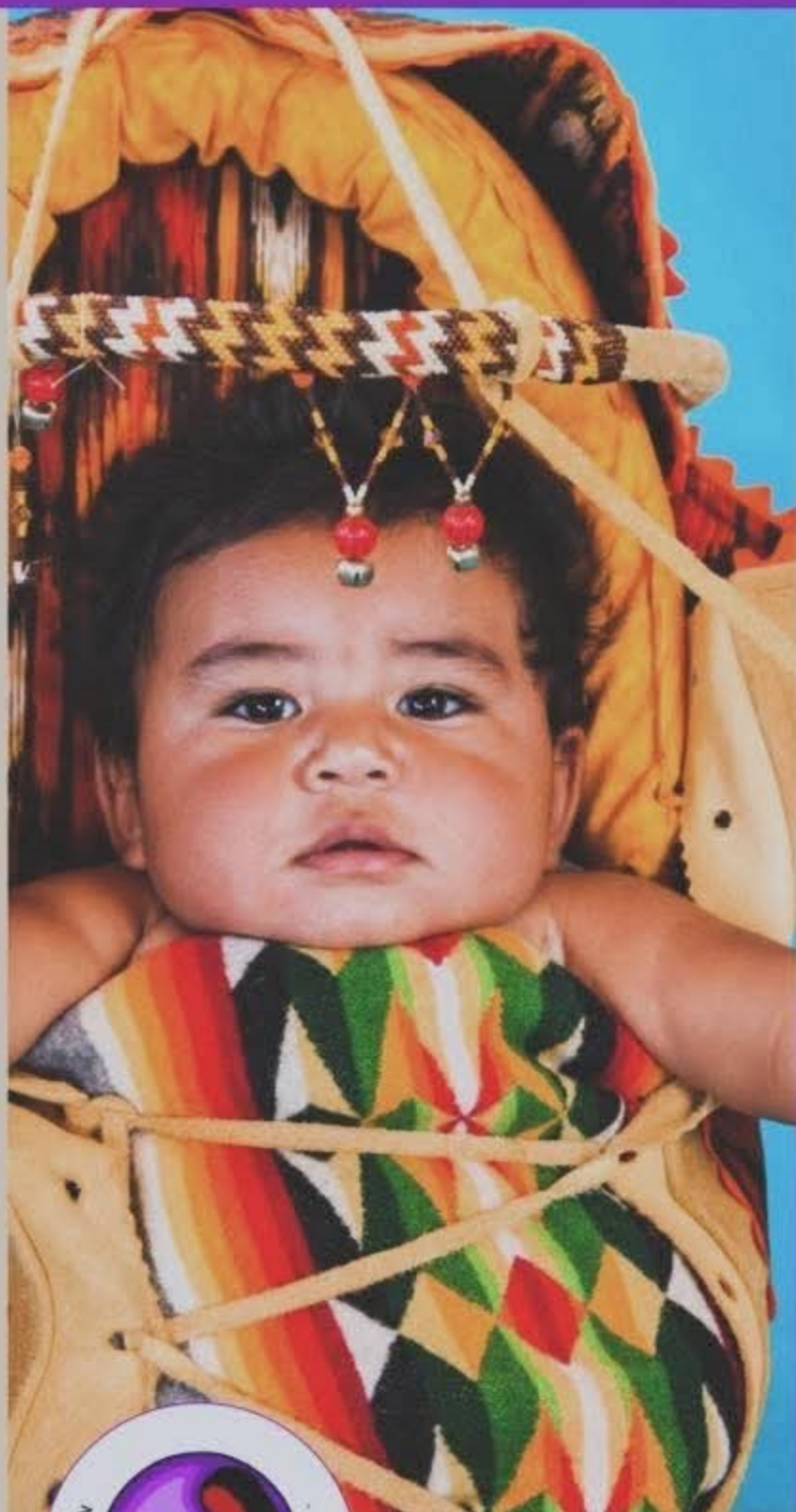
**Contact Beckie 250 919 0838
for more information**



HOSTED BY THE HONEST POSTPARTUM
AND NINOSHENH COUNSELING INC.

APPLY TODAY!

INDIGENOUS DOULA TRAINING



AUNTIES ON THE ROAD:

Aunties on the Road Indigenous Full Spectrum Doula Care is an Indigenous Grassroots Organization

JANUARY 2026 - VIRTUALLY

- Monday & Tuesday
- 5th, 6th, 12th, 13th, 19th, 20th, 26th and 27th
- 9am to 12pm PST (12pm to 3pm EST)



Application Deadline:

December 5th, 2025

Scan the QR Code to apply

<https://forms.gle/ntT2m1PT2ynHwfBA7>



TRAINING IS FREE - SPACE IS LIMITED



KTUNAXA YOUTH

Time to sign up!

Canada's Largest Indigenous Youth Conference, 2026

Join youth delegates (16 to 24) from across Canada for four days of cultural ceremonies and educational workshops.

Travel costs, registration, accommodation and meals are all covered for Ktunaxa youth but you need to register by December 10, 2025.

There are **limited spots** up for grabs!



**Gathering *Our* Voices
in Vancouver**



**Register by
Dec. 10, 2025!**
< Online form

Info?

(250) 489-2464
kncee@ktunaxa.org

Conference Details



**March 17-20, 2026
Vancouver, B.C.**
gatheringourvoices.ca

Visit us at
www.ktunaxa.org



**KTUNAXA
NATION**



**yamakpał
EDUCATION &
EMPLOYMENT**