

December



*Happy
Holidays*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 Massage	2 Acupuncture	3 Kinesiology	4 Admin Building Closing at Noon for christmas staff party	5	6 Cultural Activities
7 Cultural activities	8	9 Acupuncture	10 Kinesiology	11 Osteopath	12 Reiki	13 Community Christmas Dinner
14 Movie day/night Marathon	15 Footcare	16 Acupuncture BINGO	17 Kinesiology	18 Osteopath	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
Closed for the Holidays						
4	5 Office Re opens	<p>Notes</p> <p>For further details on events please refer to memo booklet. The Administration building will be closed from December 22, 2024 - December 4th, 2025. For Christmas Eve Dinner & Crib Tournament info see memo.</p>				



Yaqit Pa'knugti'it

Calling all Youth

WANT TO SPREAD SOME
HOLIDAY CHEER?

JOIN US TO HELP WITH
CHRISTMAS FESTIVITIES

- WRAPPING GIFTS
- DECORATING
- BAKING TREATS

AN HONORARIUM WILL BE
OFFERED FOR YOUR TIME AND
EFFORT

PLEASE CONTACT JASMINE FOR ARRANGEMENTS
(E): JASMINE.DYCK@TOBACCOPLAINS.ORG
(C): 250-423-1801



Community Christmas Dinner



DECEMBER 13, 2025

Yaqt ?a·knuqfit' warmly invites all members and their families to join us for our Annual Community Christmas Dinner! We respectfully request that off-reserve members RSVP by December 9th to ensure appropriate arrangements are made for your visit

LOCATION: YQT ADMINISTRATIVE GYM

DINNER STARTS AT 6:00PM

FOR ANY QUESTIONS OR CONCERNS PLEASE CONTACT

JASMINE

(EMAIL): JASMINE.DYCK@TOBACCOPLAINS.ORG

(c):250-423-1801



Yaqt ?a·knuqfit'



Yaqt Pa-knuqt'i

Yaqt Pa-knuqt'i CHRISTMAS TREE Decorating CONTEST

December 1st - December 17th

Show off your
holiday spirit!

Decorate your
beautiful tree and
share a photo with
us for a chance to
win a great prize



The winner will be picked December 17th

Submit your lovely tree photo to Jasmine
(email): jasmine.dyck@tobaccoplains.org
(cell): 250-423-1801



Ya'qit Pa·knuq̣ṭi 'it
Cultural
Activities
Weekend

December 6th & 7th

YQT Gym

9:30am Start time Both days

Saturday -Lunch & Dinner

Sunday - Lunch

Bead a lanyard,
Bead a christmas ball,
Wing Dresses or
Finish Up an older
Project!

To register or for more info contact

Beckie 250-919-0838



Movie Day/Night Marathon

YQT GYM BIG SCREEN

December 14th 11:00

AM

STARWARS

OR

**LORD OF THE
RINGS**





Yaqit Pa·knugt'iit

CHRISTMAS

Bingo Night



Play in person at the YQT admin building
or play from home on Zoom!

December 16, 2025

Dinner at 5:30pm Bingo at 6:00pm

Call 250-887-3461 to
organize your cards & zoom
link for pick up



Community Garden

Meeting

Idea Sharing/Community

Direction & Platform

Grant Updates

9:30 to 11:30

December 17th





Come Let's Taco



Join us:

Scheduled for Thursday December 18th for
the next Men's Taco night & Stick Games!

Ready for 5:30 p.m.!



Funday Frybread

Fryday!

YQT Admin Building

Friday, Dec. 19th/25

**Staff & Community
welcome!**

Indian Taco's 12pm

Crib tourney to follow

with prizing!

All skill levels welcome!

**Contact Beckie for more info: 250-919-0838 or
beckie.cayenne@tobaccoplains.org**



December 22, 2025 - January 2, 2026

OFFICE CLOSURE

**The administration building will be closed
from December 22nd to January 2nd, for the
holidays. We will be back in office
Monday, January 5, 2026.**

**WE WISH EVERYONE A SAFE &
HAPPY HOLIDAY SEASON**

YQT Christmas Eve Dinner & Crib Tournament

Dec. 24th

Crib - 2 pm

Dinner - 5 pm

Prizes & snacks

**play while you
wait for turkey dinner!**

**meals available for pick up for Elders or
those not attending Xmas dinner elsewhere**

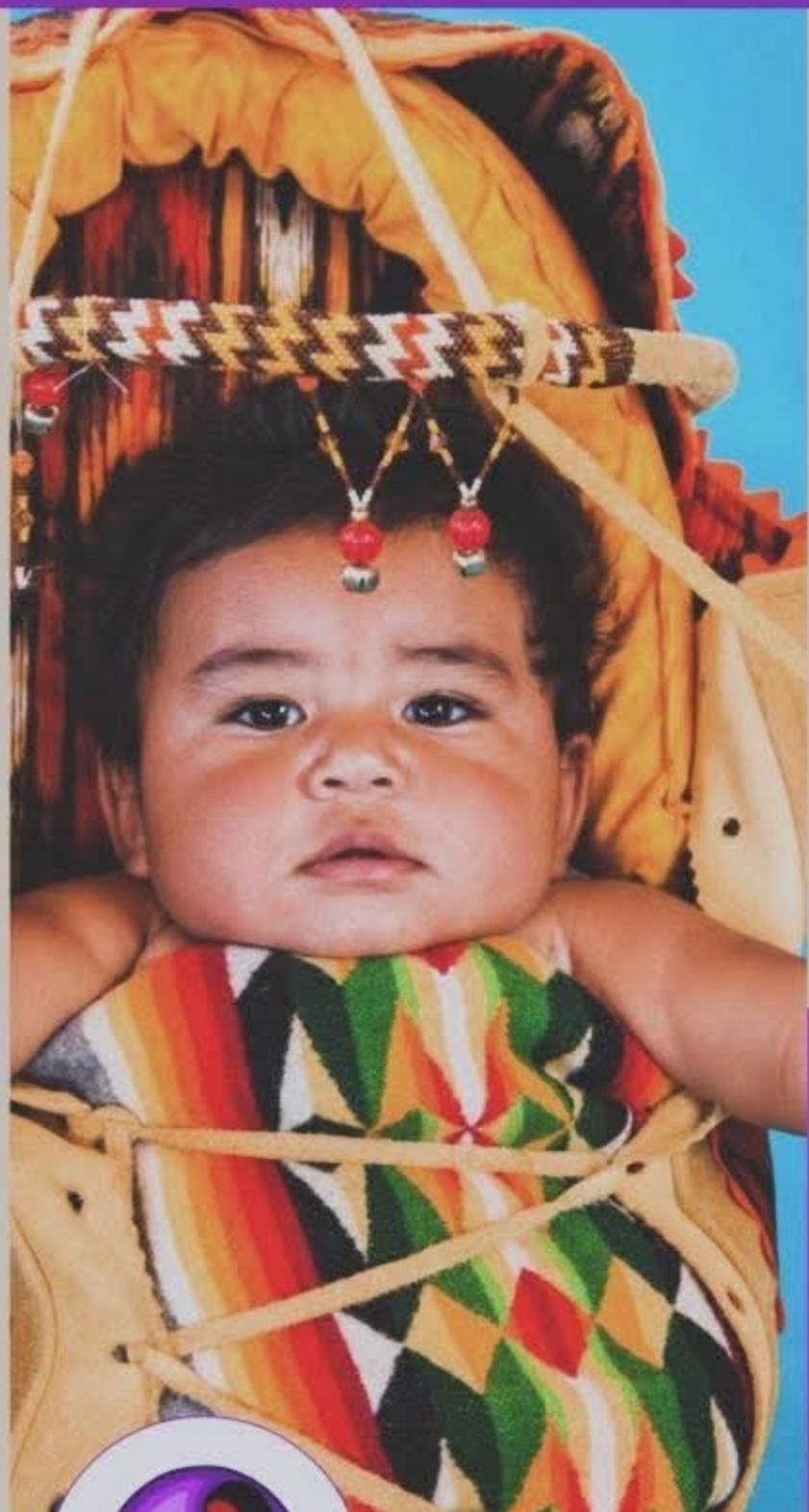
Contact Beckie 250 919 0838

for more information

HOSTED BY THE HONEST POSTPARTUM
AND NINOSHENH COUNSELING INC.

APPLY TODAY!

INDIGENOUS DOULA TRAINING



AUNTIES ON THE ROAD:

Aunties on the Road Indigenous Full Spectrum Doula Care is an Indigenous Grassroots Organization

JANUARY 2026 - VIRTUALLY

- Monday & Tuesday
- 5th, 6th, 12th, 13th, 19th, 20th, 26th and 27th
- 9am to 12pm PST (12pm to 3pm EST)

Application Deadline:

December 5th, 2025

Scan the QR Code to apply

<https://forms.gle/ntT2m1PT2ynHwfBA7>



TRAINING IS FREE - SPACE IS LIMITED



KTUNAXA YOUTH

Time to sign up!

Canada's Largest Indigenous Youth Conference, 2026

Join youth delegates (16 to 24) from across Canada for four days of cultural ceremonies and educational workshops. Travel costs, registration, accommodation and meals are all covered for Ktunaxa youth but you need to register by December 10, 2025.

There are **limited spots** up for grabs!

Info?

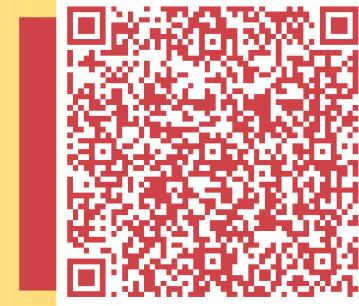
(250) 489-2464
kncee@ktunaxa.org

Visit us at
www.ktunaxa.org



Gathering Our Voices

in Vancouver



**Register by
Dec. 10, 2025!**
< Online form

Conference Details



**March 17-20, 2026
Vancouver, B.C.**
gatheringourvoices.ca



**KTUNAXA
NATION**



yamakpa!
EDUCATION &
EMPLOYMENT